

Your Mindset and Your Money

The way you think and the beliefs you hold are reflected in how successful you are (success defined as YOU would like it!) and how much money comes into your life.

These are not new ideas. In 1937, in the midst of the Great Depression, Napoleon Hill published the book *Think and Grow Rich*. He was inspired by billionaire Andrew Carnegie to take on an enormous project – to interview 500 of the most successful men at the time (today we KNOW at least half of these would be women) and to determine what they had in common that contributed to their success.

Carnegie used his influence to open the doors to interviews and Hill spent more than 20 years putting together the project. In the end, he discovered that all of the men had 13 principles that they all used.

I read this book years ago and applied some of the principles...and they worked! I also have an audio recording of the book which I often listen to on my Ipod while driving.

I recently started working with a new coach. The very first task he assigned me? To write out my "prosperity plan". And I did. I continue to refine my visions, desires and beliefs as I learn more and more about who I really am and what I can achieve while living the lifestyle I love.

Here's the first principle that Hill shares...I have used it creating my latest prosperity plan. I invite you to test it for yourself.

Principle #1. Desire: The Starting Point of all Achievement

Every successful person has a burning desire. They don't let anything quench it. Here are six steps to put this principle into place. It's not hard...just do it!

1. Choose the exact amount of money you desire.
2. Determine exactly what you intend to give in return for the money you desire.
3. Choose a date when you intend to reach your money goal.
4. Create a plan to carry out your desire, start right away whether you feel ready or not – put your plan into action.
5. Write out your prosperity statement. Write the amount of money you intend to acquire, the date by which you will have reached the goal, what you will give in return for the money and a plan of how you will accumulate it.
6. Read your statement aloud once in the morning and once before bed. As you read it, feel and believe you already have the money.

Abundance and prosperity begin with a state of mind, with strong purpose, AND with little or no hard work. You don't have to work hard; and, on the other hand, you can't just sit back and wait for luck.

All who have attained success had desires and plans. Be ready to receive. Open your mind. Your thoughts create your life –you can create abundance and success or you can create hardship...you're always thinking. Make your thoughts good ones!

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Ann Ronan, Ph.D. is an author, speaker, certified career coach and self employment expert, and vision generator.

Ann delivers smart, simple ways for people to acknowledge what they love to do and do more of it. Her articles, products, and books have motivated and inspired readers in numerous print and online publications. She regularly leads coaching programs, tele-seminars and live retreats, bringing the message to audiences internationally that living a passion-based life will bring prosperity and success.

She was recently selected from a nationwide search to be featured in Discover Your Inner Strength. The book features best-selling authors Stephen R. Covey (Seven Habits of Highly Effective People), Brian Tracy (Million Dollar Habits), and Ken Blanchard (One Minute Manager).

<http://www.authenticlifeinstitute.com/selfemployment.htm>